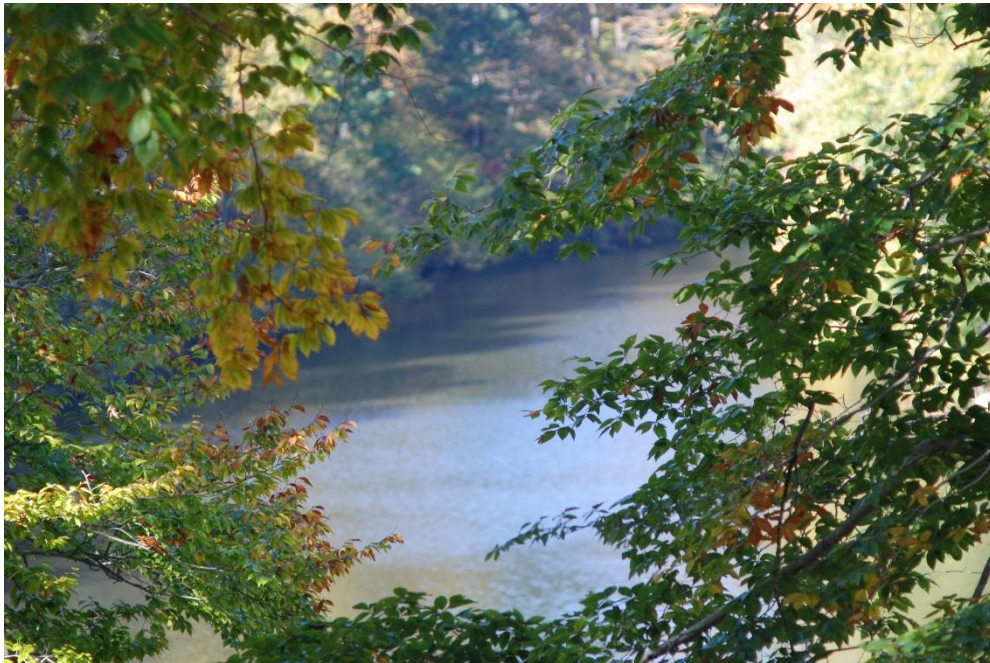




# **Athens-Hocking-Vinton Alcohol, Drug Addiction, and Mental Health Services Board (317 Board)**

**Serving Athens, Hocking and Vinton Counties for Over 50 Years**

## **Fiscal Year 2018 Annual Report**



### *At Our Center is Beauty*

*"The lake represents to me the core of a person. No matter what trial and tribulations or rough patches that you go through, your core is still beautiful no matter what. I selected this image for ABH because when we are going through the tough times we forget that we are still beautiful inside. I want the viewer to realize they can get through this, and see they are just as beautiful as before they walked through the hospital doors."*

-Margaret Ollie, Photographer, Athens Photographic Project

## SFY 2018 Summary of Activities



The Alcohol, Drug Addiction and Mental Health Services Board (317 Board) provides a *Network of Care* for mental health and addiction services to residents of Athens, Hocking and Vinton Counties. The Board assesses service needs, contracts with local service providers and evaluates performance via outcomes achieved. The Board primarily pays for services not reimbursable by Medicaid or health insurance and/or services received by persons without health insurance coverage.

During SFY 2018, approximately 1400 persons received clinical services paid by the Board. Sixty-four percent were residents of Athens County, twenty-seven percent from Hocking County and nine percent were residents of Vinton County.

Additionally, the Board manages admissions, discharges and aftercare for residents admitted to Appalachian Behavioral Healthcare, the local state psychiatric hospital. Admissions for the year were 216 for a total of 6,388 patient days.

The Board received State and Federal funds from the Ohio Department of Mental Health and Addiction Services during SFY 2018 as well as two local levies and contracted with the following providers and organizations for outpatient, residential, prevention, community, and housing services:

- Hopewell Health Centers
- Health Recovery Services
- The Edna Brooks Foundation dba My Sister's Place
- Athens Mental Health dba The Gathering Place
- Vinton County Senior Citizens
- Athens Photographic Project
- The John W. Clem Recovery House
  - The Briggs House
- Southeast Ohio Regional Jail
- NAMI Athens
- Scenic Hills Senior Center
- TASC of Southeast Ohio
- Women for Recovery dba Serenity House
- Integrated Services for Behavioral Health
  - Home Away From Home
  - New Beginnings
- Family and Children First Councils of Athens, Hocking and Vinton Counties
- Athens, Hocking and Vinton Counties Metropolitan Housing Authorities
- Bridgebuilders
- Rural Action
- Athens County Prosecutor's Vivitrol Program
- Hocking Municipal Court Vivitrol Drug Court
- Athens, Hocking and Vinton Counties EMS
- Athens and Hocking Counties Health Departments
- Athens, Hocking and Vinton Counties Sheriff Departments
- Ohio Psychiatric Associates
- Appalachian Behavioral Healthcare



## SFY 2018 Highlights

The Board approved the SFY 2018 budget totaling \$10,531,001 which continued funding commitments from the prior year. The budget also included \$255,800 for the first year of a two year Federal 21<sup>st</sup> Century CURES Act grant establishing an opioid rapid access program in all counties, opioid outreach services at ABH and area primary care clinics, and in home monitoring for participants of the Hocking County Municipal Court Vivitrol Drug Court.

Dr. Joe Gay, Executive Director of Health Recovery Services, announces his retirement. Dr. Gay served the community in various positions at HRS for over 32 years with the last 18 years as Executive Director. He has been a strong advocate of substance abuse prevention and treatment and strived to ensure services were available to those struggling with addiction.

The Hocking County Opiate Forum with the Governor's Cabinet was held in August at the Logan-Hocking High School to gain input from the Board Area on our needs to combat the opiate issue. The meeting was facilitated by Tracy Plouck, Director of OhioMHAS, who stated that it was the largest attended opiate forum meeting in the state. The cabinet members will use the input to develop an action plan for the state.

The joint partnership with the Osteopathic Heritage Foundation of Nelsonville issued a request for proposals for "Strengthening the Continuum of Care" grants. Twelve grants totaling \$707,836 were approved by the Board which expanded capacity to provide services, leveraged other resources, enhanced quality of care, created efficiencies, and/or improved service coordination. The foundation provided \$300,000 of matching funds.

The Sixth Annual Hocking County Opiate Town Hall meeting was held at the Logan-Hocking Middle School on October 4, 2017, featuring D'Anne Burwell, author of the book, "SAVING JAKE – When Addiction Hits Home". Eleven area agencies provided materials and information on services. Ms. Burwell received a cutting board in the shape of the State of Ohio, hand-crafted by members of the Our House Recovery Home in Logan.

The Board held its Annual Meeting at the *Lodge at Lake Hope State Park* on October 23, 2017 with approximately 86 in attendance. The Rita Gillick Mental Health Advocate Award was presented to Rhoda Toon Price and the Valeria "Taffy" Marks Substance Abuse Prevention Award was given to Dr. Joe Gay while Donna Lechleiter, Erin Finley, and Kim Hagerty were honored as Behavioral Health Advocates.

The Board's levy renewal on the November 7th general election ballot was overwhelmingly approved. The levy passed in each county for the first time in the same election and the overall percentage in support of the levy, 66.1%, was the highest ever received. The 1 mill levy is estimated by the county auditor to generate \$1,720,291 per year for ten years.

Crisis Intervention Training (CIT) is a five-day training program for area law enforcement officers and other first responders. This training teaches SE Ohio officers to recognize persons in mental health crises and arrange help rather than jail. Twenty-three officers/first responders were trained during November, bringing the total number trained to 379.

Doug Fisher, Hocking County Health Commissioner, and Bill Dunlap, Board Deputy Director, served as Judges at the Ohio State University School of Public Health's first student team competition to provide research and recommendations on how to address the opiate problem

identified in Hocking County's Community Health Improvement Plan. Four teams presented their plans at the event with the winning team being invited to give their presentation to the Hocking County Opiate Task Force in 2018.

At its November meeting, the Board accepted a bid from Hoon, Inc. for construction of the Adam-Amanda Mental Health Rehabilitation Center, a 4,717 sq. ft. addition to the current respite facility. When completed, the 8,334 sq. ft. facility will have sixteen bedrooms for residents from a 21 county area being discharged from psychiatric hospitals for additional stabilization services before returning to their home community. The facility will continue to accept residents from Athens, Hocking, and Vinton Counties for crisis stabilization.

The total project, including renovations to the current respite facility is estimated to cost approximately \$1.25 million with major funding of \$500,000 from the Ohio Department of Mental Health and Addiction Services (OMHAS), \$213,739 from the Ohio Housing Finance Agency (OHFA), NAMI Ohio donated \$228,389, the Osteopathic Heritage Foundation of Nelsonville provided \$100,000, five area ADAMHS boards contributed \$60,000, while this Board contributed \$141,839 for the renovations costs. OMHAS also committed \$253,000 for operating expenses over the first two years. Construction began during January and the center is expected to open in September, 2018.

Additionally, the Board collaborated with six providers to obtain OMHAS capital grants for eight projects including two recovery houses for women with addictions, one recovery house for men, one recovery house for men with severe and persistent mental illnesses (SPMI) and addictions, one adult care facility for persons with SPMI, renovations of an integrated health care facility and renovations of an arts and wellness center for persons with SPMI. The OMHAS capital grants for these projects totaled \$1,983,685 and expand the availabilities of services to our communities.

To recognize the work of law enforcement and emergency workers responding to opiate overdoses, the week of April 9<sup>th</sup> was declared statewide as "Bringing Help. Bringing Hope. Thank You." Week. The Board passed a resolution expressing our appreciation for work done in our communities to save lives and provide help to those touched by the opiate epidemic. A press conference was held in each county to distribute the resolution to all first responder units in the county and to present a \$1,000 check to the county EMS unit for the purchase of Narcan, the overdose antidote.

The Board approved funding for Overdose Response Teams in Athens and Hocking Counties at the April Board meeting. The teams will make a friendly follow up visit to persons treated for an overdose to discuss the person's well-being and encourage consideration of treatment options. The Athens County team has been named the Overdose Prevention and Treatment Team and in Hocking County, Project Hope (the Hocking Overdose Prevention Endeavor). The teams are comprised of representatives of the Sheriff Departments, Health Departments, Emergency Medical Services, Hopewell Health Centers and the Board. The Board also provides funding for Narcan for the teams and health departments to distribute.

Mental Health First Aid Trainings were attended by 46 persons who learned a five step action plan to provide initial help to persons experiencing mental health distress.

317 Board members attended a training on the Opioid Crisis presented by David A. Gill, RPh. The presentation included an overview of addiction, discussion of the various types of opioids, treatment modalities, and commonly abused medications.



## SFY 2018 Fiscal Summary

SFY 2018 Expenditures: ▾	Mental Health ▾ Services	Addiction ▾ Services	Total ▾
Outpatient Services	\$958,976	\$1,655,762	\$2,614,738
Residential Treatment	\$373,835	\$570,242	\$944,077
Crisis Services	\$907,899	\$0	\$907,899
Prevention	\$60,000	\$208,023	\$268,023
Peer Support	\$350,447	\$118,691	\$469,138
Recovery Supports	\$183,429	\$1,473	\$184,902
Community Services	\$10,999	\$117,056	\$128,055
Housing	\$66,141	\$0	\$66,141
State Hospital Services	\$3,194,000	\$0	\$3,194,000
Capital Projects	\$907,866	\$135,255	\$1,043,121
Administration	\$518,840	\$518,840	\$1,037,680
<b>Total</b>	<b>\$7,532,432</b>	<b>\$3,325,342</b>	<b>\$10,857,774</b>
<b>SFY 2018 Revenues:</b>			
OMHAS State Funds	\$3,361,098	\$916,002	\$4,277,100
OMHAS Federal Funds	\$555,595	\$1,709,725	\$2,265,320
OMHAS Capital Grant	\$287,447	\$0	\$287,447
OHFA Capital Grant	\$152,875	\$0	\$152,875
NAMI Ohio Donation	\$198,389	\$0	\$198,389
OHFN Grants	\$283,484	\$116,516	\$400,000
Board Levy Funds	\$2,947,500	\$859,234	\$3,806,734
Other	\$25,141	\$2,961	\$28,102
<b>Total</b>	<b>\$7,811,529</b>	<b>\$3,604,438</b>	<b>\$11,415,967</b>

**Board Administration** includes general administration, fiscal and MIS administration, program development, public education, evaluation and quality improvement activities.

**OMHAS** - Ohio Department of Mental Health and Addiction Services

**OHFA** - Ohio Housing Finance Agency

**OHFN** - Osteopathic Heritage Foundation of Nelsonville

**NAMI Ohio** - National Alliance on Mental Illness of Ohio



## **Fiscal Year 2018**

### **Board Members**

#### **Athens County**

Dan Alder  
Tom Davis  
Deborah Dreifort  
Steven Evans  
James Gaskell  
Paul Grimes  
Ralph Harvey, Sr.  
Romola Hopkins  
Tina Phelps  
Greg Polzer

#### **Hocking County**

Erin Gibson  
Laura Hopstetter  
Candy Kemmerer  
Julie Mogavero  
Jacqueline Stobbs

#### **Vinton County**

Garett Clark, Chair  
Jeffrey R. Griffith  
Tonya Griffith

### **Board Staff**

Earl L. Cecil, Executive Director  
Bill Dunlap, Deputy Director  
Diane Pfaff, Community Services Manager  
Svea Maxwell, Prevention Coordinator  
Jackie Bowman, Programmer/Analyst  
Amanda Conrath, Fiscal Specialist  
Beth Mohammed, Executive Assistant  
Kim O'Rourke, Administrative Assistant



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