

A Report to the Community...

From Earl Cecil, Executive Director, 317 Board

To our neighbors,

I am proud to report that the 317 Board and the agencies we support are making great strides in our effort to adopt new ways to ensure only the highest quality behavioral health services are available to individuals living in our communities.

There are many silent contributors who work together, behind the scenes to make our network of care a strong and reliable source for our community. Our board of directors and staff members, along with the representatives and clinicians at each agency are committed to excellence. I want to take this opportunity to extend my heartfelt gratitude to each person who contributes to our success as a network, and more importantly, to the success of each person who benefits from our services.

Each new year brings with it new hope for individuals and their families throughout Athens, Hocking and Vinton Counties. The idea that we play a role in making their futures more fulfilling and healthy will always be our motivation to work harder and to identify new ways to improve our services.

As I look to the future, I am confident the positive steps we are taking today to support recovery and continuous improvement in quality of care will result in a significant contribution to the well-being of our community tomorrow.

Thank you to the citizens of Athens, Hocking and Vinton Counties for helping us continue to create healthy minds and bright futures.

Board of Directors

Serving Athens, Hocking & Vinton Counties

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Jeffrey Griffith
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Kim Ford
Clerical Specialist
Svea Maxwell
Prevention Coordinator
Amber Miller
MACSIS Specialist
Beth Mohammed
Administrative Assistant
Diane Pfaff
Planning & Reporting Coordinator

What Does Our 317 Board Do?

- Creates a network of care for people who need treatment for mental illness and/or alcohol and drug addiction.
- Obtains funds, designs policies, and monitors services for those seeking help.
- Contracts with local agencies to deliver services to our friends, families and community members.
- Promotes educational and prevention programs to raise community awareness of behavioral health issues.

Members of the 317 Board Network of Care



Tri-County Mental Health & Counseling Services
Comprehensive mental health & addiction recovery services



Health Recovery Services
Comprehensive addiction recovery & mental health services



My Sister's Place
Domestic violence shelter & services



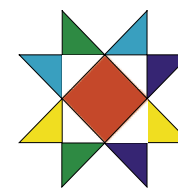
The Gathering Place
Community support program for adults coping with mental illness



Appalachian Community Hospice
Services for terminally ill & their families



Vinton County Senior Citizens
Services for Vinton County seniors



United Seniors of Athens County
Services for Athens County seniors



Depression & Bi-Polar Support Alliance
Support network for persons with mood disorders



Scenic Hills Senior Center
Services for Hocking County seniors



NAMI Athens
Advocacy and education for clients and families



The Athens Photographic Project
Photography programs for mentally ill adults



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www.317board.org

Serving Athens, Hocking & Vinton Counties For Over 30 Years

OUTCOMES FRAMEWORK INITIATIVE

Creating Support and Successful Treatment Options

Diane Pfaff, *Planning Coordinator*
Roger Stivison, *FY 2004 317 Board Chairperson*

Identifying the most effective way to offer support and successful treatment options to people in our community suffering from mental illnesses and addiction disorders is a constant objective for the 317 Board and local providers.

Offering the highest quality services for both youths and adults in Athens, Hocking and Vinton County is our main priority. We have recently, in cooperation with local providers, adopted a new Outcomes Framework Initiative that we believe will serve as a key factor in promoting excellence in prevention and treatment services. Implementation of the Outcomes Initiative (or Outcomes, as it is often called) will occur over a period of time.

Outcomes will provide an effective process to support the provider's existing continuous quality improvement efforts. Outcomes will help providers measure the good things that are happening as a result of their services and the positive impact they are having on the lives of the people they treat. By evaluating their success rate, agency professionals can facilitate the treatment process more mindfully and tailor their programs to be more efficient and effective.

Outcomes will not only help clients continue to receive high quality services, but ultimately change the way treatment providers feel about their jobs. When one sees something positive happen as a result of his or her own efforts and assistance, it can be very rewarding. Helping people become well is the goal of each agency. When that goal is reached, it is a very gratifying experience for everyone involved.

It is important to not lose sight of goals. Agencies are dealing with real people suffering from real problems. It's difficult to consider the financial aspects of the treatment process, but unfortunately it is necessary. Outcomes will help each agency to allocate revenue to help improve and maintain the most essential and effective treatment programs.

The 317 Board has always done everything possible to allocate tax dollars in the most responsible and efficient way. Setting measurable targets and sharing overall success rates with taxpayers is the best way for agencies to show the value of funding that is invested in public programs. When people rely on an agency or program to assist them through a difficult time in their life, we want them to know that they are receiving the best treatment available. We believe the Outcomes Framework Initiative will be an exceptional tool in sustaining the highest quality care.

Recovery Model

Dr. Roger Buck
Clinical Systems Manager

One of the most difficult aspects of living with mental illness or beginning the treatment process for addiction is learning how to overcome the trauma of being diagnosed or accepting that the condition exists. It is very important for people who are diagnosed with illnesses such as schizophrenia or bipolar disorder or addictions to alcohol or drug addictions have the right in the treatment process. When they find the support systems they need from community resources, family and their peers, they can begin the journey to recovery.

The Recovery Process Model was developed by the Ohio Department of Mental Health (ODMH), based on the belief that people with mental illness and those experiencing alcohol or drug addictions have the right to live in the community and participate in a lifestyle of their choice. The model identifies nine components of recovery: clinical care, family support, peer support and relationships, work/meaningful activity, power and control, stigma, community involvement, and access to

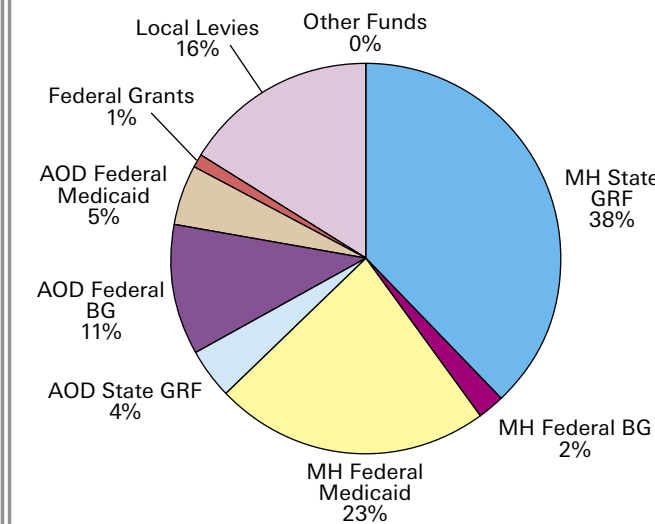
resources and education.

Addressing these nine issues is essential for a successful journey to recovery. Regardless of whether you are the average person experiencing life's obstacles or someone recovering from a mental illness or addiction, we all have the task to function effectively in these nine life areas.

The recovery model encourages personal empowerment and hope with consumers taking an active role in their treatment planning with their clinicians. Together they create recovery management plans and relapse prevention plans. All of these efforts enable the behavioral health services consumer to transition from dependence upon others to an independent state of personal empowerment and understanding.

Hope can make amazing things happen for people in the recovery process. Knowing that you have a future and finding a passion for life can be liberating and fulfilling. The 317 Board and the agencies we support aggressively encourage persons in treatment and their clinicians to look beyond the negative symptoms of the disease. By focusing on personal resilience the consumer develops hope for recovering a positive and gratifying life experience.

SFY 2004 RECEIPTS



TOTAL SFY RECEIPTS: \$15,274,602

OHIO DEPARTMENT OF MENTAL HEALTH

State General Revenue Funds.....\$5,787,835
Federal block Grand Funds.....\$244,909
Federal Medicaid Reimbursement.....\$3,550,871

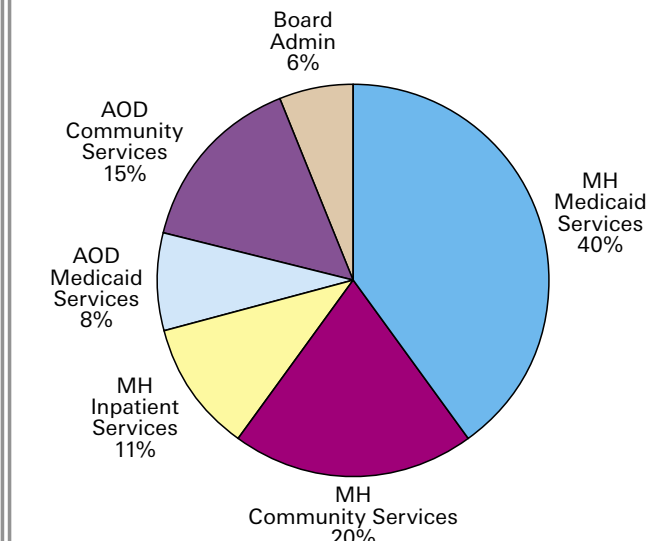
OHIO DEPARTMENT OF ALCOHOL & DRUG ADDICTION SERVICES

State General Revenue Funds.....\$625,165
Federal Block Grant Funds.....\$1,702,268
Federal Medicaid Reimbursements.....\$760,222

FEDERAL GRANTS.....\$198,324

LOCAL LEVIES.....\$2,381,630

SFY 2004 EXPENDITURES



TOTAL SFY EXPENDITURES: \$15,027,912

Mental Health Medicaid Services.....\$5,912,485
Mental Health Community Services.....\$3,041,064
Mental Health Inpatient Services.....\$1,592,010

Alcohol & other Drug Medicaid Services.....\$1,261,678
Alcohol & other Drug Community Services.....\$2,308,556

Board Administration.....\$912,119